

# ***Learn Portuguese In 7 Weeks***



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***I know you can!***

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***[www.Learn-Portuguese-Now.com](http://www.Learn-Portuguese-Now.com)***

# Learn Portuguese in 7 Weeks... Now you can!



## Welcome!

Thanks for downloading [Learn Portuguese in 7 Weeks](#) ©.

By participating in this Program, I hope your approach on language learning will never be the same! As a language enthusiast myself, I will be with you every step of the way.

I would like to invite you (better... to *challenge* you) to believe in yourself. Since 1993 I've been seeing people improving the way they learned languages in a wink of an eye, and I guarantee there are no miracles involved. The

point is very simple:

If you follow the right principles, have the right tools and are willing to take the time and effort, you can build anything in this world – including the ability to speak Portuguese.

By taken this course, you will

- Find opportunities to listen, speak, read and write in Portuguese
- Receive feedback to help you improve your performance day by day
- Learn the basic grammar, vocabulary and the Brazilian Portuguese pronunciation

More specifically, you will be able to

- Ask and answer basic questions
- Fill in forms with your personal data
- Read, write and understand simple texts
- Introduce yourself and talk about subjects you are familiar with
- Understand how to use frames to multiply your communication skills

Each week you will receive a lesson in PDF, some files in MP3, an article or a song and a language challenge – something you must DO to improve your performance. (You are also expected to send your exercises by email, and will receive my constant feedback.)

If you're living in a Portuguese speaking country, take any opportunity to communicate at work, interact in the local commerce, meet new people, talk to your neighbors and feel more comfortable on the streets. Otherwise, make friends on the Web, find a Pen Pal and learn about the culture and people of Portuguese speaking countries.

Please consider joining us in this exciting language adventure. Enjoy!

**Charles Nunes**

**Verbos** – Track 1**Lição 1.1**

**gostar, eu gosto, eu gostei**  
to like, I like, I liked

**comer, eu como, eu comi**  
to eat, I eat, I ate

**beber, eu bebo, eu bebi**  
to drink, I drink, I drank

**falar, eu falo, eu falei**  
to speak, I speak, I spoke

**Vocabulário** – Track 2

**eu** - I

**você** - you

**Português** - Portuguese

**Inglês** - English

**meu** - my

**seu, sua, seus, suas** - your

**pai** - father

**mãe** - mother

**irmão** - brother

**irmã** - sister

**água** - water

**café** - coffee

**com** - with

**leite** - milk

**suco** - juice

**pão** - bread

**manteiga** - butter

**queijo** - cheese

**hoje** - today

**agora** - now

**Quick Tip #1**

After listening to track 1, listen and repeat to track 1.1 - it contains the same audio, with a space for you to practice.

Repeat the process with most tracks.

**Expressões** – Track 3

**por favor** - please

**obrigado, obrigada** - thank you

**todos os dias** - every day

**o dia todo** - all day long

**de manhã** - in the morning

**à tarde** - in the afternoon

**à noite** - in the evening

**nunca** - never

**sempre** - always

**às vezes** - sometimes

**Prática** – Track 4

1. Eu gosto de **beber**. / comer / falar
2. Eu falo **Português** todo dia. / Inglês
3. Eu bebo leite **de manhã**. / à tarde / à noite
4. Eu **nunca** como queijo à noite. / sempre
5. Eu gosto de beber **café**. / leite / suco / água
6. Eu falo **Português** com meu pai todo dia. / Inglês
7. Às vezes eu como pão **à noite**. / de manhã / à tarde
8. Eu sempre falo Inglês com meu **pai**. / meu irmão
9. Eu gosto de falar Português com **seu irmão**. / sua irmã
10. Eu gosto de falar **com você**. / com minha mãe / com meu pai

**Quick Tip #2**

When listening to track 4.1, say the sentences in Portuguese after the narrator until you can pronounce all of them.

Then, play the track again and say each sentence in English.

## Exercícios 1a

### Quick Tip #3

After translating all the sentences, check the *Answer Key* on page 10.

1. Eu gosto de beber suco de manhã.

.....

2. Eu falo Português todo dia.

.....

3. Eu bebo leite à noite.

.....

4. Eu nunca como queijo à noite.

.....

5. Às vezes eu como pão de manhã.

.....

6. I always speak English in the morning.

.....

7. I speak English with my father every day.

.....

8. I like to speak Portuguese with your father.

.....

9. I like to speak with you.

.....

10. I like to eat bread with cheese.

.....

Translate

Write in Portuguese

**Verbos** – Track 5**Lição 1.2**

**entender, entendo, entendi**  
to understand, I understand

**ter, tenho, tive**  
to have, I have, I had

**saber, sei, soube**  
to know, I know, I knew

**querer, eu quero, quis**  
to want, I want, wanted

**Vocabulário** – Track 6

**Espanhol** - Spanish

**Francês** - French

**filhos, crianças** - children

**dinheiro** - money

**tempo, vez** - time

**comigo** - with me

**com ele** - with him

**amigo, amiga** - friend

**namorado** - boyfriend

**namorada** - girlfriend

**amanhã** - tomorrow

**carne** - meat

**presunto** - ham

**chá** - tea

**vinho** - wine

**cerveja** - beer

**refrigerante** - soft drink

**país** - country

**língua, idioma** - language

**número** - number

**Quick Tip #4**

In Portuguese, you don't need to pronounce the word 'I' every time you are talking about yourself.

**Example:**

Eu gosto de você.  
=  
Gosto de você.  
(I like you.)

**Expressões** – Track 7

**Quantos?** - How many?

**Quantos anos você tem?** - How old are you?

**Tenho vinte e cinco.** - I am twenty-five (years old).

**Qual é o número do seu telefone?** - What's your phone number?

**Três-três, três-sete, meia-quatros, meia-oito** - 3337-6468

**Prática** – Track 8

1. Quantos **filhos** você tem? / amigos
2. Você tem **filhos**? / dinheiro / tempo hoje
3. Você come **carne**? / pão / queijo / presunto
4. Eu tenho **cinco** filhos. / dois / três / seis
5. Quantos **países** você conhece? / idiomas / pessoas
6. Você bebe **vinho**? / cerveja / chá / café / refrigerante
7. Você entende sua **irmã**? / esposa / namorada
8. Você entende **espanhol**? / francês / português / inglês
9. Você quer falar **comigo**? / com ele / com seu pai
10. Você gosta de falar inglês com seu irmão? / amigo / namorado

## Exercícios 1b

1. Quantos amigos você tem?

.....

2. Você tem tempo hoje?

.....

**Translate**

3. Você come carne?

.....

4. Eu tenho quatro filhos.

.....

5. Quantos países você conhece?

.....

6. Do you drink beer?

.....

**Write in Portuguese**

7. Do you understand Spanish?

.....

8. Do you want to speak Portuguese with him?

.....

9. How old are you?

.....

10. What's your telephone number?

.....

## Conversação

## Lição 1.3

### Diálogo 1 – Track 9

Pimenta: Oi.  
*Hi.*

Cláudio: Olá. Como vai?  
*Hello.*

Pimenta: Tudo bem. E você?  
*How are you?*

Cláudio: Eu vou bem, obrigado.  
*Fine, thanks. And you?*  
...

Pimenta: Até logo.  
*See you later.*

Cláudio: Tchau.  
*Bye.*

#### Quick Tip #5

When a man says 'thank you', he uses 'obrigado'.

A woman should say 'obrigada'.

### Diálogo 2 – Track 10

Arthur: Oi, Martha. Tudo jóia?  
*Hi, Martha. How are you?*

Martha: Tudo legal. E você?  
*I'm OK. And you?*

Arthur: Muito bem, obrigado.  
*I'm fine, thank you.*  
...

Nos vemos às 5?  
*See you at 5?*

Martha: Combinado! Te vejo na escola.  
*Sure! See you at school.*

Arthur: Tchau.  
*Good-bye.*

Martha: Até mais.  
*See you later.*

#### Quick Tip #6

After listening to each track, repeat the words on the next track after the narrator.

# Frases Básicas - Survival Portuguese

## Lesson 1.4

### A. Cumprimentos / Greetings – Track 11

	English	Português
01	Good morning.	Bom dia.
02	Good afternoon.	Boa tarde.
03	Good evening.	Boa noite.
04	How are you today?	Como vai, tudo bem?
05	How is it going?	Como vão as coisas?
06	Is everything OK with you?	Tudo bem com você?
07	How is your family?	Como vai a família?
08	See you soon.	Até breve.
09	See you later.	Até logo.
10	Good-bye.	Tchau .

### B. Expressões Úteis / Useful Expressions – Track 12

11	I think so.	Acho que sim.
12	I don't think so.	Eu acho que não.
13	I hope so.	Espero que sim.
14	Not yet.	Ainda não.
15	Thank you very much.	Muito obrigado.
16	You're welcome.	De nada.
17	I still don't know. / I don't know yet.	Ainda não sei.
17	Excuse me?	Com licença?
18	I'm sorry.	Desculpe.
19	One moment, please.	Um momento, por favor.
20	No problem.	Sem problema.

### C. Auxílio na Conversação / Language Help – Track 13

21	Does anyone here speak English?	Alguém aqui fala Inglês?
22	Can you repeat that, please?	Pode repetir, por favor?
23	Can you speak slower, please?	Pode falar mais devagar, por favor?
24	How do you say it in Portuguese?	Como se diz em Português?
25	What does it mean?	O que quer dizer isso?
26	Can you say it again, please?	Você fala de novo, por favor?
27	Can you say it one more time?	Pode falar mais uma vez?
28	How can I say ... in Portuguese?	Como eu digo ... em Português?
29	I'm sorry. I don't understand.	Desculpe. Eu não entendo...
30	I'm still learning Portuguese.	Eu ainda estou aprendendo Português.



## Perguntas Básicas - Basic Questions – Track 14

### Lesson 1.5

What time is it?

*Que horas são?*

Are you married?

*Você é casado (a)?*

Where do you live?

*Onde você mora?*

What do you study?

*O que você estuda?*

Do you work  
everyday?

*Você trabalha  
todo dia?*

When is your  
birthday?

*Quando é seu  
aniversário?*

What is your  
last name?

*Qual é o seu  
sobrenome?*

Who is your  
best friend?

*Quem é seu  
melhor amigo?*

What's your  
favorite color?

*Qual é sua  
cor preferida?*

Do you know how  
to drive?

*Você sabe dirigir?*

What's your  
phone number?

*Qual é o número  
do seu telefone?*

How do you spell  
your last name?

*Como se soletra  
seu sobrenome?*

## Answer Key

### Prática 1.1

1. I like to drink. / eat / speak
2. I speak Portuguese every day. / English
3. I drink milk in the morning. / à tarde / à noite
4. I never eat cheese in the evening. / always
5. I like to drink coffee. / milk / juice / water
6. I speak Portuguese with my father every day. / English
7. Sometimes I eat bread in the evening. / in the morning / in the afternoon
8. I always speak English with my father. / brother
9. I like to speak Portuguese with your brother. / your sister
10. I like to speak with you. / with my mother / with my father

### Exercícios 1a

1. I like to drink juice in the morning.
2. I speak Portuguese every day.
3. I drink milk in the evening.
4. I never eat cheese in the evening.
5. Sometimes I eat bread in the morning.
6. Eu sempre falo Inglês de manhã.
7. Eu falo Inglês com meu pai todo dia.
8. Eu gosto de falar Português com seu pai.
9. Eu gosto de falar com você.
10. Eu gosto de comer pão com queijo.

### Prática 1.2

1. How many children do you have? / friends
2. Do you have children? / money / time today
3. Do you eat meat? / bread / cheese / ham
4. I have five children. / two / three / six
5. How many countries do you know? / languages / people
6. Do you drink wine? / beer / tea / coffee / soft drink
7. Do you understand your sister? / wife / girlfriend
8. Do you understand Spanish? / French / Portuguese / English
9. Do you want to speak with me? / with him / with your father
10. Do you like to speak English with your brother? / friend / boyfriend

### Exercícios 1b

1. How many friends do you have?
2. Do you have time today?
3. Do you eat meat?
4. I have four children.
5. How many countries do you know?
6. Você bebe cerveja?
7. Você entende Espanhol?
8. Você quer falar Português com ele?
9. Quantos anos você tem?
10. Qual é o número do seu telefone?

## Wrapping up...

Well, thank you so much for reaching so far. I hope you have enjoyed this first week. Your comments will be welcome at anytime.

Indeed, this course is a combination of the e-books *Learn Portuguese at Home* and *My Portuguese Phrasebook*, plus some Dialogues & Flash Cards. The main difference is that by enrolling in the course, you will have my follow-up on your progress, as well as some pen pals to share your experiences along the way...

If you want to join our next class, please visit [www.Learn-Portuguese-Now.com](http://www.Learn-Portuguese-Now.com) and enroll yourself. (The fee is just \$49,00 for the whole course.)

I will introduce you to a Brazilian who is willing to be your Pen Pal and exchange information about the Brazilian Culture and Language and learn English in the process.

Besides, there are some free e-books waiting for you at our homepage. I hope you grab all of them!

Speak Portuguese in 2008...

***I know you can.***

All the best,

Charlles Nunes

***Learn Portuguese Now Team***

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